

Featuring:

## Dr. Julie Lemieux

Dr. Julie Lemieux is a hematologist and Medical Oncologist at the CHU de Québec. She is a member of the Centre des maladies du sein Deschênes-Fabia. She is a clinician-researcher at the Research centre of the CHU de Québec. She obtained her MD at Université Laval and completed a Fellowship in breast cancer at Mount Sinai Hospital and obtained a Master in clinical epidemiology at the University of Toronto. She works at the CHU de Québec since 2006.

Dr Lemieux is a member of quality of life and breast cancer committees of the Canadian Cancer Trials Group. She is also a member of the scientific committee of the McPeak-Sirois consortium. As a medical oncologist, she treats patients with breast, lung and head and neck cancers. Her research activities are related to breast cancer, clinical trial participations and quality of life.



### What inspired or motivated you to become a medical oncologist?

*When I was young, a friend of my little sister died from cancer. I guess it was a sarcoma - she had a leg amputation. When I decided to be a doctor, I knew it would be in medical oncology. I find that it makes me realize more what is really important in life.*

### What do you think it means to be a leader in the medical field?

*Do not be afraid to have your own opinion. Although it is very important to listen to colleagues and different groups when you are a leader, you need to put ahead your own opinions and be able to defend them.*

### Is there an experience you feel all residents can benefit from and should be exposed to?

*Doing a small research project during the residency that leads to a presentation helps understand many things about the real life of a researcher!*

### If you could go back in time and give yourself advice as you went through residency, what would it be?

*I try not to torture myself with it since we cannot go back in time!!!*

### Who has been the most influential leader/mentor to you throughout your training and why?

*Definitively Dr. Pamela Goodwin - she was truly a mentor. We had regular meetings. She gave me advice on the science, but also on many things that gravitate arounds it (e.g. publication, grant application). She also put me in contact with other key physicians in breast cancer. She was able to set limits in her practice and it was a model. She always had a solution to every problem.*

### What qualities do you look for in a mentee?

*Someone who is interested and in whom we can have confidence. I am not upset if someone does not know the answer but I am upset if someone does not tell that they don't know.*