



May 2019 Newsletter

510 Members, Join Today!



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<http://allincancer.org/>



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Oncologist in the Hot Seat: Dr. Jason Hart



Dr. Jason Hart is a medical oncologist at BC Cancer – Victoria. He trained in Hematology and Medical Oncology in Edmonton, Alberta, before joining the Medical Oncology team at BC Cancer - Victoria in 2005. He served as the Department Head of Medical Oncology in Victoria since January 2016, and was subsequently appointed Regional Medical Director for BC Cancer - Victoria in October 2018. He is currently a Clinical Associate Professor with the Department of Medicine at both the University of British Columbia, and University of Victoria. Areas of clinical practice and research interests include benign and malignant hematology, as well as sarcoma. He has an interest in pharmacoconomics, and he currently serves with the pan-Canadian Oncology Drug Review (pCODR), as a clinical guidance panel member and review leader.

Have a burning question related to work-life balance, leadership, mentorship, or career development?

*We have been featuring esteemed oncologists across Canada since 2013. From British Columbia, we are very pleased to introduce **Dr. Jason Hart**.*

Send your questions to winc@womenincancer.org to have them answered by our Oncologist in the Hot Seat!

Nominate the next Mentor of the Month!

WinC/AlinC provides a platform to increase visibility of great mentors on an international level. If you have someone in mind that has been an important mentor to you please email our Project Manager at

winc@womenincancer.org

by June 10th!

Article Recommendation:

Balancing Motherhood, Career, and Medicine

Ure Mezu-Chukwu, MD

https://jamanetwork.com/journals/jamacardiology/fullarticle/2622077?guestAccessKey=98ca5cc6-3fd7-4a4b-b14a-3ebcc53e6ff7&utm_source=silverchair&utm_campaign=jama_network&utm_content=mothers_day_2019&cmp=1&utm_medium=email

“However, to achieve a measure of inner peace with our roles, sacrifices, and decisions, women should realize that our bodies are different from those of men physically, hormonally, and mentally; learn to embrace these differences; cherish our roles; set realistic expectations; and take pride in our individuality”.

Dr. Ure Mezu-Chukwu discusses the importance of sacrifice when it comes to raising a family while practicing medicine, she states “it is okay to delegate until I can find a balance.”

Check out this article to learn more about how women in medicine find a work-life balance, and ways in which the world can adapt to encourage and empower women to take on leadership roles.

Help Design a Think Tank for Women in Medicine!

Peak MD has launched this think tank in collaboration with stakeholders to develop strategies and realistic action plans that will result in an increased number of women applying for and assuming leadership positions in medicine. They plan to focus on leading cross-disciplinary research, thought leadership, innovative solutions, policies, and products to support women leaders in medicine.



We invite you to assist us in designing this Think Tank to best meet this goal.

Please complete this short survey, which:

- consists of 4 multiple choice questions
- will only take about 2 minutes to complete

Ends May 31, 2019.

Access the survey at the link here.

<https://www.surveymonkey.com/r/SYC2MZ6>

Sundays @ 9pm EST

Make sure to follow @WomenInMedicineChat on twitter for live discussions among physicians from across the globe on issues women in medicine face.



Upcoming Events:

ASCO Annual Meeting
May 31st – June 4th 2019
Chicago, Illinois, US



Make sure to take advantage of the networking opportunities at this year's meeting!

[Trainee & Early Oncologist Member Lounge Schedule](#)

[2019 Women's Networking Center](#)

Podcast Recommendation

Best of Both Worlds

In Best of Both Worlds, hosts Laura Vandrkam and Sarah Hart-Unger discuss how they balance work and the reality of raising children, while developing their careers. They also offer parenting, time management and productivity advice while giving you options on how to incorporating fun into your busy schedule!



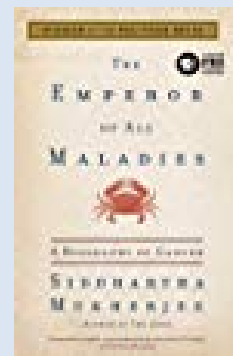
Book Recommendation

The Emperor of All Maladies: A Biography of Cancer

Siddhartha Mukherjee

<https://www.amazon.ca/Emperor-All-Maladies-Biography-Cancer/dp/1439170916>

Winner of the Pulitzer Prize, this is a complete biography of cancer, from its first documented appearance within civilization to the struggles the human race has endured to eradicate it from existence.





As networking and mentorship are invaluable to medicine and advancements in the field of oncology, All in Cancer (AlinC) and Women in Cancer (WinC) were developed to improve mentorship connections, provide leadership skills resources, and improve collaboration amongst oncologists through a secure online networking platform.

Encourage your colleagues to join the largest online networking forum for medical, radiation, surgical, and hematological oncologists and trainees in Canada.

Visit www.allincancer.org or www.womenincancer.org for more information.-