



March 2019 Newsletter

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Oncologist in the Hot Seat



Have a burning question related to work-life balance, leadership, mentorship, or career development?

*We have been featuring esteemed oncologists across Canada since 2013. From British Columbia, we are very pleased to introduce **Dr. Jason Hart**.*

Send your questions to winc@womenincancer.org to have them answered by our Oncologist in the Hot Seat!

Mentor of the Month?

Nominate the next Mentor of the Month!

WinC/AlinC provides a platform to increase visibility of great mentors on an international level. If you have someone in mind that has been an important mentor to you please email our Project Manager at winc@womenincancer.org By April 10th!



Article Recommendation:

How the health care leadership gender imbalance hurts your organization – and 4 ways to make a change

Veena Lanka, MD

<https://www.advisory.com/research/health-care-advisory-board/blogs/at-the-helm/2018/11/gender-imbalance>

“The solutions offered so far have focused on coaching women to navigate the glass ceiling by leaning in and speaking up. Not only has this failed to make a significant dent in the problem, it inadvertently masks the real drivers that continue to perpetuate the gap. It is time for those in positions of influence and authority to **shift the burden of fixing this off the shoulders of the very group marginalized by it.**

Check out this article to learn more about the implications of gender imbalance in health care leadership, as well as actionable ways to address this issue.

Mentorship for early career family physicians: Is there a role for the First Five Years in the Family Practice Committee and the CFPC?

A mixed-methods investigation was conducted by the First Five Years in Family Practice Committee of the College of Family Physicians of Canada to look at potential benefits, challenges, models, demographic characteristics and important match criteria for mentoring relationships. They concluded that mentorship is beneficial for not only mentees, but also mentors. Take a look at the article and the figure below to learn about their other findings!

<http://www.cfp.ca/content/64/11/861?rss=1>



Upcoming Events:

WinC / AlinC AGM

Toronto, ON

May 3rd, 2019

Link to RSVP: <https://camo-acom.ca/event-3217584>



Make sure to follow @WomenInMedicineChat on twitter for live discussions among physicians from across the globe on issues women in medicine face.

**Sundays @ 9pm
EST**



Why Doctors Need Leadership Training

<https://hbr.org/2018/10/why-doctors-need-leadership-training>

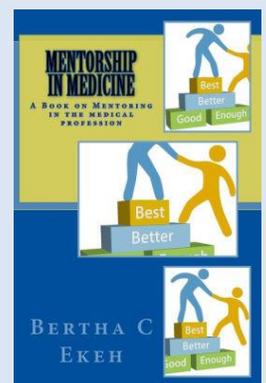
“... physicians are neither taught how to lead nor are they typically rewarded for good leadership... leadership skills are rarely taught and reinforced across the continuum of medical training. As more evidence shows that **leadership skills and management practices positively influence both patient and healthcare organization outcomes**, it’s becoming clear that leadership training should be formally integrated into medical and residency training curricula.”

Book Recommendation

Mentorship in Medicine: A Book on Mentoring in the Medical Profession

<https://www.amazon.com/Mentorship-Medicine-Mentoring-Profession-Motivational/dp/1725709988>

In this book, Dr. Bertha Chioma Ekeh discusses the types of mentors and the benefits and challenges of mentoring in the medical profession. She also provides guidance regarding the implementation of formal mentoring programmes for institutions lacking such initiatives.





As networking and mentorship are invaluable to medicine and advancements in the field of oncology, All in Cancer (AlinC) and Women in Cancer (WinC) were developed to improve mentorship connections, provide leadership skills resources, and improve collaboration amongst oncologists through a secure online networking platform.

Encourage your colleagues to join the largest online networking forum for medical, radiation, surgical, and hematological oncologists and trainees in Canada.

Visit www.allincancer.org or www.womenincancer.org for more information.-